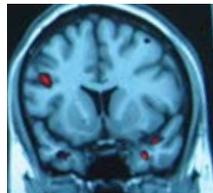


A GIFT THAT



CHANGES LIVES



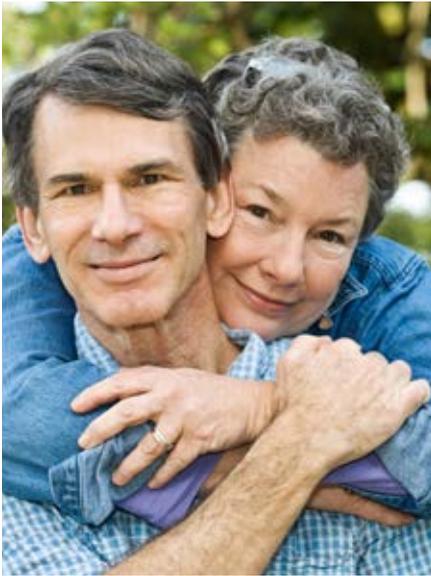
Douglas

INSTITUT
UNIVERSITAIRE EN
SANTÉ MENTALE

FONDATION

MENTAL HEALTH
UNIVERSITY
INSTITUTE

FOUNDATION



Give a gift that has meaning and purpose, and that will make a real difference in someone else's life, and to the people close to them.

Give a gift that leads to better patient care, illness prevention and education, as well as the advancement of knowledge and best practices in the field of mental health.

Whether big or small, your gift will improve the quality of life of individuals living with mental illness. And knowing that you have done something meaningful and significant will make a difference in your life, too.

WHAT IS PLANNED GIVING?

Planned giving allows you to make arrangements today for a charitable donation to be given in the future. It allows you to make a gift that is tailored to your financial and philanthropic goals and that, in the long term, may turn out to be more generous than a single donation you make now. If you wish, you may designate your gift to a particular area of research or care.

WHY GIVE TO THE DOUGLAS?

The Douglas is a leader in mental health research and treatment, committed to drawing world-class talent to the Institute and to delivering groundbreaking discoveries in this field. Your gift will maintain a strong institution, while allowing us to continue our tradition of compassionate and effective care, in order to meet the needs of those people in our community who live with mental illness, and the people close to them.



WHAT ARE THE BENEFITS FOR YOU?

A bequest or other planned gift can reduce the taxes paid by you or your estate.

WHAT ARE NAMING PRIVILEGES?

When you make a planned gift to the Douglas, you may be offered the possibility of naming a scholarship, fellowship or physical asset, such as a room, laboratory, piece of equipment or even a wing of a building, in recognition of your contribution.

Our Foundation staff is available to discuss these options and will work closely with you to ensure that you are recognized in a way that is both meaningful to you and appropriate for your gift.



JOCELYNE CHEVRIER

MAKING A DIFFERENCE...

As a chartered professional accountant, I tend to pay close attention to how I plan my finances. When I became involved in philanthropy and charitable giving, I soon discovered that mental health is the poor relation in the health system. That's when I decided to become more engaged by joining the Douglas Foundation's board of directors and by planning to make yearly contributions to help support the organization's projects.

I want to do something that will make a difference: to help eradicate pre-judice, to support scientific research, and to ensure that people living with mental health problems are treated with respect and compassion.

By making a planned gift to the Douglas Foundation, I know I will make a difference in the future.

SHARING YOUR HERITAGE – THREE SIMPLE WAYS TO GIVE

Bequests: By including the Douglas Foundation as a beneficiary in your will, you make a gift that comes from your estate and does not affect your resources while you are living and may still need them. Your bequest can take the form of cash or property. To avoid confusion, it is important that you designate the beneficiary, the Douglas Mental Health University Foundation, by its full name.

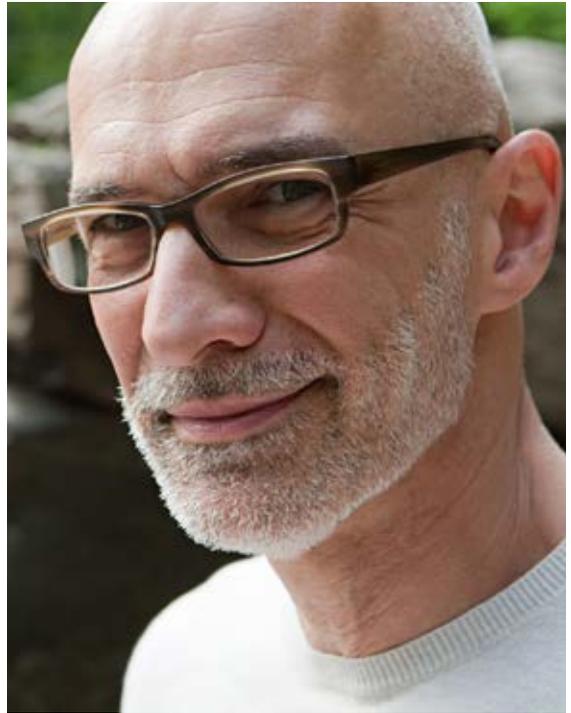
Gifts of shares, stock options and other capital properties can significantly reduce your taxes.

Gifts of insurance policies: A gift of life insurance can allow you to make a much larger donation to the Douglas than you might otherwise be able to give. Premiums are eligible for a tax credit. In addition, the policy is not paid from your estate, but leaves it intact. The amount of your donation will be more generous than the sum of your premiums.

For example, for a \$25,000 policy, the tax-deductible monthly premium for 10 years of a 50-year-old non-smoking woman can be as low as \$88.81.

While a gift of this nature won't alter your current financial situation, it can help a number of people over an extended period of time, making a difference in their lives, and in the lives of the people close to them.

There are other ways to give, which our Foundation staff will be happy to discuss with you. To explore the options, please don't hesitate to call us.



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